

Trigonic Quartz

An Article by Judy Hall

Having now facilitated four workshops at which the Trigonics were used and done a great deal of personal exploration, I had amassed a pile of information that still needs further sorting out in coherent sections but pass it on now for what it is worth and in the hope that other people will be able to add to our knowledge. It is clear that everyone who works with Trigonic has a very personal experience of the stone, and that different stones and their shapes facilitate different energy and information interchanges. Nevertheless, there are underlying parallels.

I can only echo Jane Anne Dow's feeling on first holding this quartz that it is an initiatory stone of connection to higher consciousness that 'sets' a newly emerging/awakening spiritual pattern in place and which brings about a profound – and continuous – connection to that higher consciousness. (I didn't feel that it initiated a new pattern, other stones had done that but it did settle it in.) It fits in with the concept of the holographic soul in which the soul is a hologram, part of an overall holograph which is consciousness. The overall holograph holds all potentiality and the individual hologram can link into this and trigger a 'new' level of awareness and integration, a task which is facilitated by holding Trigonic Quartz (see *The Book of Why*, due out soon, for a further explanation of the holographic soul).

Before I first worked with the Trigonic, I had been working with Rainbow Quartz, Nirvana, Satyaloka, Satyamani and other high vibration stones to open the chakras above the head, especially the soul star and stellar gateway and the Trigonic immediately took me to the place where I had left off and carried me up to what I could best describe as unity consciousness. I was part of, and aware of, All That Is (which included vast interstellar and inter-dimensional states of being), and yet despite being merged with that consciousness, I retained my own personal awareness through a connection to what I personally call my Higher Self (this may be Jane Dow's 'Oversoul'). I would say that the stone took me home. This is the holograph, a 'place/state/vibration' with which I am very familiar and yet my connection and immersion was different through using the Trigonic. Normally although I would still be aware that the higher consciousness plane was there, I would not be so strongly plugged in as I am since holding the stone.

'It will be as it will be and what is, is perfect' is what the stone initially said to me. 'I bring you light' was said later.

From the moment I first held them, my question was 'is this stone fully natural, has it been grown, amended, tampered with? The stone feels like frozen foam and I, and others, wondered if the triangles had been artificially etched in any way. The stone simply did not feel like a 'normal' crystal although it was very much alive. This question was answered some months later by the crystal beings themselves in Walter Bruneel's channelling (see below). The Trigonics told us that they were formed from a kind of plasma that solidified and in which much information was encoded that would be released when the time was right. By our paying attention to them, they were solidifying further and coming more strongly into being.

Many people felt that the stone had a sense of humour and playfulness about it. Having worked with the Trigonics for six months now I have established that Trigonite Quartz has more than a touch of the trickster energy to it - acting a bit like Coyote in the medicine wheel! It makes you stay with what is, be in the moment, go with the flow, whatever you want to call it. It certainly teaches that you cannot rely on consensus reality or what appears to be going to happen in even the near future - and it most definitely has its own idea about who it is going to work with and draws the most appropriate group together.

Trigonite has a very powerful connection with water, having condensed into a crystal from a plasmic energy bubble. They are psychotronic. It is like a supercomputer based on water molecules with all the crystals communicating together. They are transceivers, transmitting and receiving, and create a feedback system that goes to all souls in the group (human and crystal). Trigonics are strongly connected to the cosmic tides and to the earth's poles and earth currents. They link to the pressure of the ice ages that compressed them into more solid form. Trigonite energy can flow through the body in waves and will be experienced at different temperatures according to the body type.

The stones requested that an essence be made – preferably in a deep toned metal Tibetan bowl or a low toned crystal bowl - and placed in all the earth's oceans, rivers (especially at their source) and lakes. This would open hearts and minds and, through humans eventually drinking the water, it would 'dissolve the DNA coding for war'. Many bottles of the essence have now been sent around the world – both actually and in thought which the stones told us would be as powerful as putting the actual essence into the water.

It is clear that you have to be absolutely ready to work with this stone, having cleansed the 'ordinary' chakras, letting go of any emotional blockages, and having carefully done your work with other high vibration crystals to clear and open the higher chakras as a preparation. There are no short cuts. If you are carrying anything toxic, Trigonite Quartz detoxes you - fast! It's a bit like going up a ladder to higher consciousness taking awareness of your body and the earth with you but the body has to be resonating at its highest frequency and anything that is getting in the way is removed.

The stones are themselves opening up extremely fast – taking on substance is how they described it and they certainly feel much heavier with each workshop and working. Having ventured out to see if the time is right, and having been welcomed, they are now desperately anxious to get to work. The front rank as it were have surfaced and sent information back to the others who are monitoring the situation. Although they can do a great deal on their own account, they need compatible and harmonious human consciousness to facilitate their work. They informed us on day 1 that if our attitude to their information was respectful, then more information would be forthcoming. They also described themselves as 'devices that make remembrance of parallel realities possible'.

Initially, it took people a day and a half to be ready to work with the Trigonite - we gradually cleansed, opened up and accessed multi-dimensions within ourselves and the universe and, even then, one of the most experienced crystal workers was unable to work with the stone as he was told to undertake a much longer journey with the preceding crystal first. But now even people who have done little crystal work only need a chakra cleanse and rebalance, then opening with higher vibration stones – if they are ready to fully commit to the work (again, I'd reiterate, these stones aren't a short cut). This opening up takes a morning or less. The Trigonics say that this is because the work they have come to do is urgent – helping to control the oil spill, for instance, and transmuting that potentially 'destructive' energy into beneficial energy for the planet couldn't wait.

The crystals - and their information - come from a race who had great dignity and who treated everyone equally, communicating at a very high level. There is a powerful Orion and Pleidian connection but the crystal oversoul came from beyond our universe, becoming trapped way back in time. They were 'lightly clothed in skin' being more like energy beings. They, in the crystal form they have now taken, respond to sound but not high notes like tingshas, deep toned metal bowls or drums are appropriate and they will adapt to an individual's frequency.

With this crystal, you can experience where you've come from, being in oneness and the Light and yet remain aware of your individuality. The crystal's oversoul communicated that its proper name is Ogrine or Orgrine and was important for the present time as it helped to find your origins. It was experienced by many people as a vortex with pulsating triangles of light spiraling down into a pathway that led to the heart, and filling body and soul with compassionate love for what everyone and the earth is going through.

Other qualities noted:

- Trigonics transcends boundaries and limitations when you are ready - a stone of initiation. Extremely useful for interstellar travel.
- It is helpful for holding intent and sending distant healing.
- It has a strong higher heart connection and links the upper and lower shamanic realms, making it an excellent journeying stone. (I would advise first putting in place both a shamanic anchor into the core of the earth from the base chakras and a cosmic anchor into the centre of the galaxy from the crown and soma chakras as this provides a reliable method of return to the physical body from whatever dimension you travel to.)
- These stones attract and repel and will say 'enough now' when appropriate.
- Helps stiff and swollen joints – letting go the underlying causes.
- Balances central core, creates calm centredness around which everything else rushes and flows.
- Useful for unblocking emotions and issues you don't realize you have.
- Some of the crystals had a very potent but gentle masculine energy that help you to give yourself love.
- Trigonics quartz reminds you who you are and what you need.

Grids

When used in grids, specific and correct alignment is crucial - even a half inch off and it doesn't work properly and can cause pain and pressure. A Trigonics should not be pointed directly at the head and should be at least a foot away from the top of the head, slanting upwards so that the energy passes over the head. We initially needed two other high vibration crystals (we used the Rainbow Quartz) on either side of the body level with the higher heart chakra to form an equilateral triangle. This created a triangular multi-dimensional light portal that needed a (very!) large Smoky Elestial at the feet to keep it anchored. It was crucial to check that the stones were prepared to work together and that they were precisely aligned as otherwise considerable discomfort was felt.

At the first workshop it was felt that at another time it would be useful to explore the effect of other high dimension crystals either added to the higher chakras or replacing the Rainbow Quartz – there wasn't time then and it seems to be part of the right timing associated with the stone. I guessed that would be a workshop in its own right, which proved to be the case and the Trigonics worked exceptionally well combined with Azezulite, Ajoite, Nirvana Quartz and other high vibration stones in the grids as appropriate for each person. Mohawkite proved to be very useful for anchoring the grid at the feet.

Soul contracts

I took a Trigonon to London for a 'dissolving soul contracts' workshop (not a crystal workshop). I used a Trigonon that had a base and would stand with the point upwards - useful for group work. The reason I took that particular one to London was that it kept telling me it connected to the original pool of soul essence and could help people recognise soul overlays and renegotiate their soul contracts, and attune to their soul purpose. It helped with reading the Akashic record. A woman - who had arrived at the workshop by the most serendipitous of synchronicities - said I should take a look at the Lucis Trust work as they were working with triangles all the time. They are carrying on the work of Alice Bailey.

See http://www.lucistrust.org/en/service_activities/triangles/information/make_a_difference

[I see from a quick search on the web that the Lucis Trust have quickly become conflated in ignorant minds with Lucifer (who was the light bearing angel) and then with Satan and all that is evil. But this is most certainly ill-informed.] In the London meetings these triangles are being used for very deep soul work to bring peace of humankind. A man talked in the group about natural energy triangles within the body but unfortunately I didn't get a chance to find out more from him but this would be worth following up.

Calling back soul fragments

A soul can fragment, leave bits of itself in other lives and dimensions, split and recombine and all sorts of occurrences that we simply can't envisage down in the dense vibration of earth, especially as we are used to regarding the soul as 'all of a piece' (see *The Book of Why?* due out soon). The Trigonons can assist with the reintegration process if a soul has been fragmented before or after incarnation (this is particularly useful for souls who have a history of violent death in war or childhood trauma). They work well in this context when placed on a birthchart with a Brandenberg on a photograph of the person to convey the soul fragments home. The Trigonon pulls back, heals and purifies the soul fragments and the Brandenberg helps to reintegrate them into the incarnated soul – the crystals having first been dedicated to work for the soul in the best, highest and most appropriate way possible.

This 'calling back the soul fragments' can be done directly by the fragmented person holding the Trigonon in the right hand and the Brandenberg in the left but most fragmented souls are not in a position to ask for this kind of help and need the intermediary assistance of the birthchart and the crystals - provided that the work is done after asking that it be for the highest good and if appropriate. [Note: if childhood abuse has been present a combination of Morganite and Azeztulite on the chart or on the base chakras can also assist the process as it facilitates insights, forgiveness and healing.]

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